

essentials

toiletries

- toothbrush
- toothpaste / floss
- contact case / solution
- glasses / extra lenses
- deoderant
- razor / shaving cream
- shampoo / conditioner
- personal hygiene items
- sunscreen
- _____

beauty

- cologne / perfume
- make-up / remover
- hair products / brush
- ponytail holders
- hair dryer / iron
- jewelry
- _____

medication

- personal prescriptions
- motion sickness medicine
- first aid kit
- ibuprofen or tylenol
- antacids
- _____

outfits

cold weather warm weather

1

2

3

4

5

- comfy shoes
- coat / jacket
- mini umbrella
- pajamas
- socks
- bras
- underwear
- _____
- _____

utilities

electronics

- laptop
- camera
- external drive
- phone
- chargers
- watch/clock
- batteries
- plug adaptor
- lock
- _____

entertainment

- music player
- earphones
- dvd player
- books
- magazines
- games
- playing cards
- _____

misc

- _____
- _____
- _____
- _____
- _____

carry-on

documents

- passport / id + photocopy
- insurance information
- flight information
- hotel information
- transportation reservation
- public transit maps
- guide book
- travel journal
- luggage id tags
- address book
- _____
- _____
- _____

money

- credit card
- atm card
- cash
- travelers checks
- _____

misc

- zip-lock bag
- sewing kit
- lip balm
- earplugs
- neck pillow
- _____

1 week to-do list

7

6

5

4

3

2

1